

2023

VALWOOD - SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1 Fried Chicken Cabbage Rice French Fries	2
3	4 No School	5 Cheese Pizza Corn Cheese Sticks French Fries Corn Dogs	6 Taco Roll up Yellow Rice Cinnaamon Chips Nacho and Cheese Chicken Quesdillas	7 Sweet & sour Chicken Fried Rice French Fries Egg Rolls Chicken Sandwhich	8 Fried Fish Baked Beans Grits Tater tots Pulled Pork	9
10	11 BBQ Riblet Corn on the cobb Sweet Peas Steamed Rice Corn Dogs	12 Hamburger Steak w/gravy Steamed Rice Broccoli French fries	13 Breakfast Day Bacon/Sausage Chicken Grits/Eggs Waffles	14 Chicken Parmesan Butter noodles Green Beans Tater Tots Pulled Pork	15 Fried Chicken Mac and Cheese Greens French Fries Yeast Rolls Corn dogs	16
17	18 Chicken Bacon Ranch Casserole Broccoli Corn Tater tots Cheeseburger	19 Taco Roll up Yellow rice Cinnamon Chips Nacho & Cheese Chicken Quesdillas	20 Cheese Pizza Corn on the cobb Side Salad French Fries Fish sticks	21 Honey Glazed Ham Mac and Cheese Rice/Field Peas Garlic Knots Chicken Sandwhich	22 Pulled Pork French fries Green beans Breadsticks Chicken nuggets	23
24	25 Tater Tot casserole Brussel sprouts Cali. Blend Garlic Knots French Fries Chicken Quesdillas	26 Baked Ziti Corn Sweet peas Tater tots Breadsticks Hamburger	27 Breakfast Day Bacon/ Sausage Chicken Grits/Eggs Muffins	28 Country Fried Steak Mash Potatoes Cali Blend French Fries Garlic knots	29 BBQ chicken Scalloped potatoes Corn Yeast rolls Chicken nuggets	30
1	2	NOTES:				