VALWOOD
GO BEYOND

MENU

NOVEMBER

03 Ravioli Chicken Nuggets Baked Chicken Butter Noodles, Veggies, French Fries, roll	04 Mini Chicken Taco Walking Taco Baked Chicken Street Corn, Black Beans, Yellow rice, Churro, Nacho and Queso	05 Breakfast Day	06 Boneless Wings Garlic. Parm/Buffalo/Bbq Baked Chicken Eggplants, Cheese Sticks, Green Beans, Butter rice , Tator Tots, Roll	07 Pulled Pork Fried Fish Baked Chicken Grits, Baked Beans, Carrots , French Fries, Okra, Roll
10 Baked Ziti Baked Chicken Chicken Tenders Steamed Rice, Broccoli, Potato Wedges, Roll	11 Chicken Fajitas Baked Chicken Cheeseburger Yellow rice, Black Beans, Chips and Queso	12 Cheese/ Pepperoni Pizza Baked Chicken Pasta Bar, Corn, Cheese Sticks French Fries, Roll	13 Orange Chicken Hot Dogs Baked Chicken Fried Rice, Eggrolls, Veggies, French Fries, Roll	14 Sweet and Sour Meatballs Baked Chicken Meatball Sub Rice, Veggies, Baked Beans, French Fries, Roll
17 Pizza Rolls Bake Chicken Chicken Nuggets Mac and Cheese, Pasta, Veggies , French Fries , Roll	18 Taco Salad Baked Chicken Chicken Salad Yellow Rice, Pinto/ Black Beans, Cinnamon chips, Nachos and Cheese	19 Meatballs w/ Gravy Baked Chicken Corn Dogs Mash Potatoes, Sweet Peas , Veggies, Tots, Roll	20 **Thanksgiving Lunch** Ham, Turkey, Fried Chicken Rice w/ Gravy, Greens , Mac and Cheese, Green Beans, Sweet Potao Pie , Corn Bread, yams	21 Chicken Sliders Cheeseburger Sliders Baked Chicken Corn Nuggets, Rosted Potatoes, Corn , French Fries, Roll
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL

Baked Chicken Offered Daily
Fresh Fruit Offered Daily
Salads Offered Daily

This institution is an equal opportunity provider.